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INFORMATION ON THE YOGA-SCHOOL ELISABETH-HAICH and SELVARAJAN YESUDIAN

Dear Reader,

here is some short information on this world-famous Yoga-school. I had the great fortune to be a member for about 12 years, but in reality I was so impressed of the teachers and the teaching that I think I am a member of this school and disciple of these wonderful teachers still now.

My own workshops with Yoga are still deeply influenced by the experiences I could have with these teachers.

Please feel free to contact me if you have any further questions!



Question Hour in the Yoga School in Ponte Tresa

Mr. Yesudian was a great spiritual teacher. Yesudian and also his co-teacher Elisabeth Haich (author of the famous "Initiation" - autobiography, she reached 97 years) were primarily spiritual teachers, not Hatha-yogis. Selvarajan Yesudian passed away in October 1998. You can find a short biography in www.spirituelle-reisen.de (unfortunately only in German!).

Here is a translation in English (will be improved soon)

Elisabeth Haich, born in 1897 in Budapest, studied music and sculpture and was an internationally recognized artist in the time after the 1st world war. However, at the same moment her special interest was always in esoteric knowledge. So she started in the end of the 1930s in Budapest the first yoga school which she continued up to 1944. Finally, after the second world war, E. Haich together with Selvarajan Yesudian started in Zurich the probably most famous school for Hatha yoga of Western Europe. At the same time they founded in Diano Marina, Italy, the yoga summer school which was moved in the beginning of the 50s to Ponte Tresa, Switzerland. Both schools existed till 1989 where they were closed because of the advanced age of both founders. Elisabeth Haich died in July, 1994.





Selvarajan Yesudian, son of an Indian doctor, came in 1936 to Europe to study medicine here. In Hungary he got to know Mrs. Elisabeth Haich and began to give together with her lectures and courses about Hatha yoga. They wrote their first book "Yoga and Health" which reached an edition of 100 000 in Hungary within three years. (Today more than 1,8 millions in a lot of languages!). The effect in the whole on people and particularly on the youth was astonishing.

During the 2nd world war the Indian assisted his pupils and friends unshakably and remained to them a light and support. In 1948, however, every further yoga teaching was blocked by the communist government of Hungary. So Mr. Yesudian decided to emigrate with Mrs. Haich to North America.

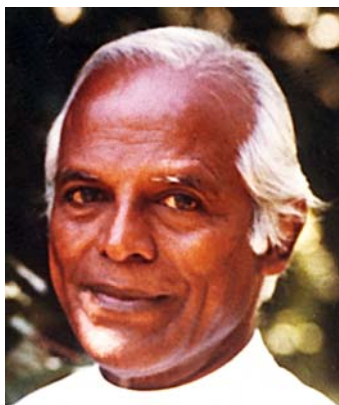
On the way to America they were asked by Switzerland friends to stay here. Yoga schools in Zurich, Bern, Basel, Saint Gallen, Lucerne, Olten, Schaffhausen, Lausanne, Geneva and summer

courses in Ponte Tresa have developed themselves afterwards in all silence and became a blessing for thousands of searching persons. - Selvarajan Yesudian returned into the source in October, 1998.

I highly recommend you to read the book "Initiation" by E. Haich, you will learn much more about Yesudian through this book, certain parts of his life you can find there and also information about his former incarnations.

Unfortunately there are no followers of Mr. Yesudian or Mrs. Haich as teachers or gurus of Yoga **(in the real sense of a Guru or highly developed spiritual teacher)**. Elisabeth Haich also has passed away in 1994 (she was then 97 years old). So the "Yesudian-Haich-Yoga school doesn't exist any more. But there are still Yoga-workshops held in the formerly private Villa of Yesudian-Haich by several Yoga-Teachers from Switzerland. Please seek the Web when you are interested.

The books of Yesudian and Elisabeth Haich could be a great help to you if you want to go this yoga way. I did much of my inner work only with the aid of these books. Everything depends on what you want. If you are in search for an Hatha-Yogi as guru, teaching you to get a perfect body and get control over all his functions, Mr. Yesudian was the false address. Yesudian-Haich primarily taught yoga as a spiritual way.



Yesudian never told us disciples that he had the intention to prolong his life. He knew in India some yogis which were 200 or 300 years old, but this age can be reached only under very special conditions and with very special exercises.

Enlightenment does not depend on an old age. There are deeply enlightened Zen-Masters who died very young. The spiritual giant of the century in India, Ramana Maharshi was very ill during his last years and died from cancer. (Check his website! www.ramana-maharshi.org)

The secretary office of Yesudian-Haich does still exist in Zürich, Switzerland; you can get books there in English and some more information. Here is the address:

Sekretariat HAICH-YESUDIAN, Restelbergstr. 89, CH-8044 Zürich, SWITZERLAND, PHONE: 0041-1-3612776 (I am not sure if this number and adress is still existing or correct, -Dec. 2010)

Letter of Mr. Yesudian to the students of the Yoga School after the death of Mrs. Haich:

Restelbergstr.89,
8044 Zurich. Switzerland
28th.Oct.1994

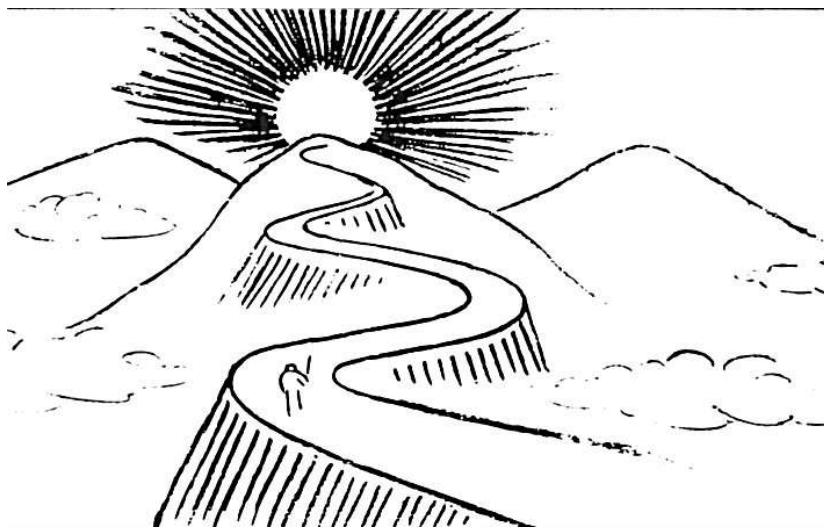
Dear friends,

I was deeply moved to read your comforting words you sent soon after the demise of our beloved Mrs. Haich. She left us all at the wonderful age of 98, completely healthy, spiritually aware and conscious - only her body was not capable of containing her great spirit. Her last words were: "I shall held the Exercitium and nobody else". These determined words will be fulfilled in her next life. She was never a burden to those who looked after her physical needs till the last. She left after fulfilling her universal mission. She will continue to work through her wonderful books and through people who received her enlightening message and pass it on to those in need. Personally I miss her company very much after being with her for about 55 years constantly. It was a great privilege for me to shoulder her responsibilities which needed much strength, which flowed into me the more I served her. She was always a symbol of strength which will inspire all those who knew her personally.

With sincere good wishes - Selvarajan Yesudian

A short poem of Yesudian and a picture, drawn by him

Alone I came into this world,
Alone to wander all my days.
My wanderings done yet still alone,
Homeward bound I pace my days
Toward the home that gave me birth.



Prayer

And may my whole life, O Lord, be a
continuous song knowing no end.
And may I sing the endless song like a
spring ceasing not to flow.
And may each breath of mine
raise me nearer to Thee.
Till mine ears hear nothing but Thy words
And my mouth speaks nothing but Thy message.

MY LITTLE LAMP

I sit in silent amazement and wonder at the melodies my soul doth sing.

Thou hast lit the tiny flicker of my heart with
Thine immortal love, O my Master, and now I shall
endeavour to keep it ever burning.

Thou dost feed this lamp with the oil of understanding.
My tongue will henceforth be still to permit mine ears to
listen within to Thine eternal wisdom.

The eternal flicker of this lamp doth glow and shine.

Sunk in the depths of silence, what matters else but to know that I AM.



Initiation | by Elisabeth Haich | Published by Seed Center, Publication date: March 1994, ISBN: 091610804X

Synopsis: Elisabeth Haich was a teacher of yoga at the Yogaschule Yesudian-Haich in Europe (she died in 1994), and the author of well-known books on yoga and spiritual discipline. At the request of her students, she wrote INITIATION, a unique autobiographical novel bringing together the life story of a woman in the 20th century, with the full measure of events and experiences that contributed to her spiritual growth, and vivid recollections of her earlier life experiences as a young priestess in ancient Egypt. A story within a story emerges, describing in exciting detail how the woman is prepared for initiation by the High Priest Ptahhotep, who leads her, step by step, in harmony with her development, to an understanding of the ultimate mysteries.

Reviews:

A Reader from New Brunswick, Canada , 12/30/97

It brings the reader several steps closer to enlightenment.

It was a difficult decision to rate this as a 10 until I gave up the possibility of reading a book that resulted in immediate enlightenment. This fictional journey into the initiation process in ancient Egypt takes the reader philosophically and emotionally into an expanded state of awareness. Not your average piece of fiction. This is a book that I have read several times through the course of my adult life. I would not want to be without a copy on my bookshelf.

N., 04/13/97, the best book i have ever read

in an amazing way, Elizabeth is describing her memories, and builds the plot iteratively surprising the reader with every step of her destiny.



Yesudian Question Hour in the Yoga-Hall Tessin Switzerland

Some more photos of Yesudian-Haich



Elisabeth Haich Yoga Hall Tessin



Swami Vivekananda
Father Athotis In Egypt



Paul Brunton, the "White Yogi", who brought E H in contact with the True Self in Budapest. Disciple of Ramana, Maharshi, Arunachala, South India.



Sohn Gedeon Yesudian
(Ima in Old Egypt)



Sri Ramana Maharshi

